

I Was Hungry Today

A reading about hunger awareness for two readers

I was hungry today!

All I had for lunch was two pizza slices, a bag of chips and a soda.

Then after school I had practice and the coach really ran us hard.

After practice I had to go straight to the library to do research for a project. The assignment is due tomorrow, and if I didn't get it finished, I'd be in big trouble!

After slaving over the computer for an hour and half, I jumped in the car and finally made it home. Of course, everybody had already eaten supper by then.

Luckily, there was still some lasagna left—I just hate having to rummage through the refrigerator for leftovers after a day like today.

Finally, food! I was so hungry. I really porked out.

I topped it off with a big bowl of ice cream.

I'd have to watch my weight if I weren't so active.

And hey, by eating a lot I'm sure to get a balanced diet!

Oops, I almost forgot the prayer for the meal. Rub-a-dub-dub, thanks for the grub!

I was hungry today!

All I had for lunch were three tortillas and a small handful of rice.

Then I continued to work in the cornfield all afternoon alongside my father and little brother. It was hot, and the work was hard.

After working in the field, I had to go to the stream to get water. I carried it to our house—a 45-minute walk up a steep mountain trail. Otherwise, we wouldn't have water tomorrow, and that would've been trouble.

I got home just as night fell. My legs were tired, and my neck was sore from carrying the large container of water on my head.

My parents had eaten and were already preparing for bed. My mother always saves me a few tortillas—and the beans tasted good, even though I have them every night.

I ate it all; I was still hungry.

I'm almost always still hungry when I go to bed.

I heard the health worker tell my mother I'm not growing quite like I should.

One of my friends is losing her sight because the foods she ate didn't give her a certain vitamin when she was a child.

I must say a prayer for the food.
Almighty Lord, give us this day our daily bread.

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