

## HOW CAN I BE A BETTER FRIEND OF GOD'S GOOD EARTH?

1. **Consume less.** *Live simply, that all may simply live.*
2. **Avoid products that damage the environment.** Cut back on the use of throw-away containers and items that are over-packaged. Purchase and use re-usable dishes, cups/glasses, and utensils. Use cloth towels rather than paper. Buy products in bulk to cut down on packaging.
3. **Recycle.** Fully participate in your community's recycling program. Compost food and yard wastes. Recycle used oil. Buy products made from recycled materials.
4. **Preserve resources by using less energy.** Invest in energy-efficient appliances and low-watt fluorescent light bulbs. Have your home inspected for sufficient insulation and storm windows and doors. Adjust the thermostat a couple degrees down in the winter, and up in the summer.
5. **Reuse.** Pack lunches in reusable containers rather than paper or plastic. Take your own bags to the grocery store. Reuse glass and plastic containers. Give old clothing, furniture, and other used household items to charity. Purchase such items second-hand.
6. **Conserve water.** Install water-efficient sinks and toilets. Fix all leaky toilets and dripping faucets. Take short showers (with a low-flow shower head) instead of baths. Collect rainwater for houseplants. Don't overwater the lawn.
7. **Eat right.** Eat less meat and fewer foods that contain animal products. Eat more vegetables, fruits, and grains. Grow produce in your own garden or buy locally and/or organically grown products whenever possible.
8. **Minimize the use of toxic chemicals.** Use non-toxic substitutes for powerful household cleaning supplies, pesticides, and chemical lawn care products. Buy rechargeable batteries.
9. **Change your mode of transportation.** Bicycle or walk if possible! Use public transportation or carpool rather than driving your car. If you must drive, use a fuel-efficient car (at least 35 mpg). Have your car's emissions inspected regularly.
10. **Teach about taking care of God's earth.** Talk to people in your community. Teach them about the declining health of the earth, and what they can do. Teach the little children, too. Make presentations for clubs and civic groups. Dare to be different.
11. **Notice the world around you.** Spend time learning about and enjoying your natural environment. Go camping, hiking, canoeing, or swimming. Notice everything, protect what is vulnerable, and leave only your footsteps behind you. Praise God for the beautiful, miraculous natural world around you!

## HOW CAN I BE A BETTER FRIEND OF GOD'S GOOD EARTH?

1. **Consume less.** *Live simply, that all may simply live.*
2. **Avoid products that damage the environment.** Cut back on the use of throw-away containers and items that are over-packaged. Purchase and use re-usable dishes, cups/glasses, and utensils. Use cloth towels rather than paper. Buy products in bulk to cut down on packaging.
3. **Recycle.** Fully participate in your community's recycling program. Compost food and yard wastes. Recycle used oil. Buy products made from recycled materials.
4. **Preserve resources by using less energy.** Invest in energy-efficient appliances and low-watt fluorescent light bulbs. Have your home inspected for sufficient insulation and storm windows and doors. Adjust the thermostat a couple degrees down in the winter, and up in the summer.
5. **Reuse.** Pack lunches in reusable containers rather than paper or plastic. Take your own bags to the grocery store. Reuse glass and plastic containers. Give old clothing, furniture, and other used household items to charity. Purchase such items second-hand.
6. **Conserve water.** Install water-efficient sinks and toilets. Fix all leaky toilets and dripping faucets. Take short showers (with a low-flow shower head) instead of baths. Collect rainwater for houseplants. Don't overwater the lawn.
7. **Eat right.** Eat less meat and fewer foods that contain animal products. Eat more vegetables, fruits, and grains. Grow produce in your own garden or buy locally and/or organically grown products whenever possible.
8. **Minimize the use of toxic chemicals.** Use non-toxic substitutes for powerful household cleaning supplies, pesticides, and chemical lawn care products. Buy rechargeable batteries.
9. **Change your mode of transportation.** Bicycle or walk if possible! Use public transportation or carpool rather than driving your car. If you must drive, use a fuel-efficient car (at least 35 mpg). Have your car's emissions inspected regularly.
10. **Teach about taking care of God's earth.** Talk to people in your community. Teach them about the declining health of the earth, and what they can do. Teach the little children, too. Make presentations for clubs and civic groups. Dare to be different.
11. **Notice the world around you.** Spend time learning about and enjoying your natural environment. Go camping, hiking, canoeing, or swimming. Notice everything, protect what is vulnerable, and leave only your footsteps behind you. Praise God for the beautiful, miraculous natural world around you!